## BROTHERHOOD

## TRUTH SHEET



# MESSAGES OF SPIRITUAL ENLIGHTENMENT AND TRUTH

lay not up for yourselves treasures upon earth,
Where moth and rust doth corrupt,
And where thieves break through and steal:

But lay up for yourselves treasures in Heaven Where neigher moth nor rust doth corrupt, And where thieves do not break through nor steal:

For where your treasure is, there will your heart be also.

The Holy Bible St. Matthew 6:19-21

Brotherhood of the White Temple, Inc., Sedalia, Colorado 80135

Vol. 104, No.14, August 18, 1968

### SEPHER YETZIRAH

THE SEPHER YETZIRAH UNVEILS the Kabbalistic Teachings of the Ancients. It is a book on the 'beginnings' of the First Cause of the Divine Creation and is usually considered by the Occultists as an introduction to the main Kabbala.

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The Holy Elders of the Ancient Wisdom Teachers employed the Hebrew Alphabet of twenty-two letters, numbers of ten and the Sepharim to symbolize the Infinite Foundation of all Things; the Sephiroth and the Three Holy Mothers of Creation.

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#### PROGRAM

Sunday, August 18, 1968 at 7:00, lecture by Dr. C. F. Huerta.

Sunday, August 25, 1968 at 7:00, lecture by Dr. Robert Morrow.

ARIZONA, Phoenix, Dr. Glen C. Hazen leads a study group on Friday evening at 8:00 p.m. at 5453 S. 3rd Street.

CALIFORNIA, Sun Valley, The Church of Divine Harmony, 10064 Stonehurst Ave., conducts Sunday worship at 11:00 a.m., Sunday School at 10:00 a.m. and Wed. class at 8:00 p.m. The ministers, Drs. Marian and Geo. Jones, may be contacted at 767-4937.

CALIFORNIA, Santa Fe Springs, for time and place of discussion meetings being held weekly, call Hank Vernava, 868-1095, or Frank Darling, Anaheim, 827-7088.

ILLINOIS, Chicago, Metaphysical classes are held Friday at 7:45 p.m. at 2041W.51st St., by Dr. Alice Williams.

NEVADA, Las Vegas, Paradise Metaphysical Center. For information or spiritual counciling, call Rev. Maxine Dowell, 736-4205.

OREGON, Portland, every Wed. at 1:00 p.m. and 8:00 p.m. at 1720 S.E. 39th Ave., a spiritual enlightenment study group is held by Dr. Carrie Moffit.

Spiritual Healing Circles Monday at 9:00 p.m. and Wednesday at 8:00 p.m.

#### BROTHERHOOD

#### NEWSLETTER

Dear Students and Friends,

We have been having lots and lots of rain and the moisture is appreciated so very much. We have had a good shower every day for almost two weeks, and yesterday in Denver a cloudburst left three inches of rain. We have been fortunate as the rains we have had were slow, soaking ones. These are welcomed for the late Gardens and for the surrounding ranch country.

The Brotherhood Picnic was very nice and everyone enjoyed the games and food. It had rained the night before and we feel that some of our students were absent because of wet, unsettled weather.

Mr. & Mrs. John Tullos, Jr. (the former June Whitby) has announced the marriage of their daughter, June Frances to Mr. James Langford, on Saturday, the twenty-fourth of August, 1968 in Seattle, Washington. Dr. Winnie Whitby, Dr. Lyle Whitby and family, Dr. Iris Rawls and her family, and Dr. Mary Ruth Valdeck's family have all left to attend the Wedding. All of the Brotherhood Staff extend Blessings and Harmony to James and Frances. May happiness and love go with you throughout lifes journey.

Dick and Sandy Humbert are on a two-weeks vacation, touring the United States. We received a post card from them while they were in Topeka, Kansas and they were going on to see the Mississippi River. Have fun Sandy, because there will be work to do when you return!

Richard Andrews, who has been a student of the Brotherhood seventeen years and Kathleen Miner, a student for five years, are working in the Print Shop while Sandy is on her vacation. They are doing a wonderful job and we appreciate their cooperation and help.

Summer vacations are almost over and Dr. and Mrs. Huerta will be leaving for Texas next week. Dr. Huerta will give the Sunday Lecture at 7:00 and I am sure that this will be an interesting and informative Lecture. Each has something to give if we are open to receive so lets give him encouragement, good thoughts, and harmony, because in giving we receive a thousand fold.

In Truth,

The Brotherhood Staff

## A MESSAGE

BROTHERHOOD There is an old legend of a general who found his troops disheartened. He believed it was .owing to the fact that they did not realize how close they were to the other divisions of the same army on account of a dense growth of small trees and shrubbery. Orders therefore were given to "Burn the underbrush." It was done and they saw they were not isolated, as they had supposed, but were part of one Great Army. The result was that their courage revived, and they went forward in triumph. So let us burn the brushwood between the working man and the church-the brushwood of prejudice, mistrust and separation. We all have far more in common than we think. We are all under the same great Captain. Let the brushwood be burned away in the glow of united song, and in the enthusiasm of common worship.

Happiness is like manna; it is to be gathered in grains, and enjoyed every day. It will not keep; it cannot be accumulated; nor have we got to go out of ourselves or into remote places to gather it, since it is rained down from Heaven, at our very doors.

Tyron Edwards

# THE MIND AND HEALTH OR THE LAW OF HEALING

BY

## Doreal

Everyone desires to have a strong healthy body, but there are very few people who do not have at least one ailment that keeps them from being in perfect bodily condition.

Fundamentally the cause of all sickness and disease is an unbalanced condition of the polarity of the body. All things in nature exist in manifestation, because of the presence of two polarities in all creations. When the positive and negative polarities are in perfect balance, it is impossible for the body to suffer the presence of the inharmonious conditions of sickness and disease.

You will note that I have made a differentiation between sickness and disease. Sickness is primarily brought about by negative thinking. Disease is a condition brought about by outside influences or germs. Before a disease

germ can be propagated in the human body to such a degree that it will cause disease, it must find an unbalanced condition of the polarities. Thus we can see that fundamentally all bodily sickness and disease are caused by the same thing, inharmony induced by wrong mental conditions.

Most Doctors treat the symptoms as they appear, but the banishment of the symptoms does not strike at the root of the trouble. If the cause is not removed, the illness will reappear in another part of the body with an entirely new symptom. Until harmony and balance are restored new symptoms will appear as fast as others disappear.

Repressed emotions are large factors making for bodily inharmony. Cancer is always caused by repressed emotions. Some teachers say, "repressed hate is the cause of cancer", but I have found that fear, hate, anger, self-pity and even love when repressed long enough, will cause the condition of inharmony that makes cancer possible.

No deeply intense feeling should be repressed. One should seek means of safely expressing it before it becomes an inhibition. Any emotion that is repressed grows until it becomes a permanent sickness.

It is true that . many times we suppress our feelings because of FEAR. Many people object to the word fear, but it is the only word that will fit, for we are all bound by fear in one form or another. We fear to do a certain thing because of what people will say; we are afraid to say what we think because of the fear that it will hurt someone's feelings; we are afraid to follow our inclinations and go home when we are bored, because we might be thought rude. We are constantly hedged in by conventions that inhibit us from following natural inclinations, so it is no wonder that our subjective mind is filled with repressions.

One should never be afraid to express himself naturally and quietly. One does not have to be rude to say or do what they feel. It is due to the fear that most people have had that causes them finally, to go off balance when they do release a pent-up emotion.

How often have we heard a person say, "If I don't get it off my chest, I'll explode." They mean that the repression is more than the mind can stand. A continual holding in will bury it deep in the subjective mind, to cause a vicious, life destroying inhibitions.

Some people have what is called imaginary ailments, but these are not really imaginary ailments. The mind is out of harmony or there would not be a mental condition causing the person to assume that he is sick. Hence he is really sick.

The basis of all mental cures is the establishment of one's self-control, or the securing of mastery of the mind by the help of another. The very presence of some people causes us to feel better physically and mentally. Such persons are in themselves perfectly in polarity and induce a strong inclination toward this state of balance in others.

Development of the healing power is largely a matter of getting ourselves in the right conditions of mind, and willing the mind and body to function in proper balance.

It has been definitely proven that the body is so constituted that it can be brought entirely under the control of the will through the brain and nervous systems. When we wish to move any part of the body, the first thing to do is WILL it. The basis of all mental healing starts in the same way, in the willing of a condition of health.

(to be continued)

"LIGHT ON THE PATH" is a monthly magazine published by the Brotherhood. It has become recognized as one of the leading Metaphysical Magazines in the Truth-field, with illuminating articles on the laws of life.

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